

Clatite dulci

Clatite cu dulceata de fructe de pădure // Crepes with forest fruits jam–180/70 g

Ingrediente: apa minerala 100ml, faina 50g, lapte pasteurizat 50ml, ou pasteurizat 50g, dulceata de fructe de padure 70g, ulei floarea soarelui, aroma vanilie, sare,

Ingredients: soda water 100ml, milk pasteurized 50ml, pasteurized eggs 50g, flour 50g, forest fruits jam 45, sunflower oil, vanilia , salt,

Valori nutritionale/per portie: 145.3 Kcal / 607.9 kj, zaharuri 25.5 g, sare 0.1 g, grasimi 0.7 g, acizi grasi saturati 0.4 g, proteine 1.4 g

Nutritional values/per portion: 145.3 Kcal / 607.9 kj, sugars 25.5 g, salt 0.1 g, fats 0.7 g, saturated fats 0.4 g, proteins 1.4 g

Clatite cu dulceata de capsuni // Crepes with strawberry jam – 180/70 g

Ingrediente: apa minerala 100ml, faina 50g, lapte pasteurizat 50ml, ou pasteurizat 50g, dulceata de capsuni 70g, ulei floarea soarelui, aroma vanilie, sare,

Ingredients: soda water 100ml, milk pasteurized 50ml, pasteurized eggs 50g, flour 50g, strawberry jam 70g, sunflower oil, vanilia , salt,

Valori nutritionale/per portie: 145.8 Kcal / 610 kj, zaharuri 25.9 g, sare 0.1 g, grasimi 0.8 g, acizi grasi saturati 0.4 g, proteine 1.4 g

Nutritional values/per portion: 145.8 Kcal / 610 kj, sugars 25.9 g, salt 0.1 g, fats 0.8 g, saturated fats 0.4 g, proteins 1.4 g

Clatite cu dulceata de visine // Crepes with sour cherry jam – 180/70 g

Ingrediente: apa minerala 100ml, faina 50g, lapte pasteurizat 50ml, ou pasteurizat 50g, dulceata de visine 70g, ulei floarea soarelui, aroma vanilie, sare,

Ingredients: soda water 100ml, milk pasteurized 50ml, pasteurized eggs 50g, flour 50g, forest fruits jam 70g, sunflower oil, vanilia , salt,

Valori nutritionale/per portie: 146.2 Kcal / 611.2 kj, zaharuri 25.9 g, sare 0.1 g, grasimi 0.8 g, acizi grasi saturati 0.4 g, proteine 1.5 g

Nutritional values/per portion: 146.2 Kcal / 611.2 kj, sugars 25.9 g, salt 0.1 g, fats 0.8 g, saturated fats 0.4 g, proteins 1.5 g

Clatite cu dulceata de caise// Crepes with apricot jam – 180/70 g

Ingrediente: apa minerala 100ml, faina 50g, lapte pasteurizat 50ml, ou pasteurizat 50g, dulceata de caise 70g, ulei floarea soarelui, aroma vanilie, sare

Ingredients: soda water 100ml, milk pasteurized 50ml, pasteurized eggs 50g, flour 50g, apricot jam 70g , sunflower oil, vanilia , salt,

Valori nutritionale/per portie: 145.8 Kcal / 610 kj, zaharuri 25.9 g, sare 0.1 g, grasimi 0.8 g, acizi grasi saturati 0.4 g, proteine 1.4 g

Nutritional values/per portion: 145.8 Kcal / 610 kj, sugars 25.9 g, salt 0.1 g, fats 0.8 g, saturated fats 0.4 g, proteins 1.4 g

Clatite cu crema de ciocolata // Crepes with chocolate – 180/70 g

Ingrediente: apa minerala 100ml, lapte pasteurizat 50ml, ou pasteurizat 50g, faina 50g, crema ciocolata 70g ulei floarea soarelui, aroma vanilie, sare.

Ingredients: soda water 100ml, milk pasteurized 50ml, pasteurized eggs 50g, flour 50g, chocolate cream 70g, sunflower oil, vanilia , salt.

Valori nutritionale/per portie: 265 Kcal / 1107.3 kj, zaharuri 24 g, sare 0.1 g, grasimi 13.7 g, acizi grasi saturati 4.9 g, proteine 3.9 g

Nutritional values/per portion: 265Kcal / 1107.3 kj, sugars 24 g, salt 0.1 g, fats 13.7 g, saturated fats 4.9 g, proteins 3.9 g

Clatite cu miere // Crepes with honey– 180/40 g

Ingrediente: apa minerala 100ml, faina 50g, lapte pasteurizat 50ml, ou pasteurizat 50g, miere poliflora 40g, ulei floarea soarelui, aroma vanilie, sare.

Ingredients: soda water 100ml, milk pasteurized 50ml, pasteurized eggs 50g, flour 50g, honey 40g, sunflower oil, vanilia , salt.

Valori nutritionale/per portie: 129.7 Kcal / 548.4 kj, zaharuri 22.9 g, sare 0.1 g, grasimi 0.7g, acizi grasi saturati 0.4 g, proteine 1.4 g

Nutritional values/per portion: 335.3 Kcal / 1346.4 kj, sugars 34.9 g, salt 0.1 g, fats 0.7 g, saturated fats 6.5 g, proteins 3 g

Clatite cu crema de vanilie // Crepes with vanilla cream – 180/80 g

Ingrediente: apa minerala 100ml, faina 50g, lapte pasteurizat 50ml, ou pasteurizat 50g, crema de vanilie 80g, ulei floarea soarelui, aroma vanilie, sare.

Ingredients: soda water 100ml, milk pasteurized 50ml, pasteurized eggs 50g, flour 50g, vanilla cream 80g, sunflower oil, vanilia , salt.

Valori nutritionale/per portie: 265 Kcal / 1107.3 kj, zaharuri 24 g, sare 0.1 g, grasimi 13.7 g, acizi grasi saturati 4.9 g, proteine 3.9 g

Nutritional values/per portion: 265Kcal / 1107.3 kj, sugars 24 g, salt 0.1 g, fats 13.7 g, saturated fats 4.9 g, proteins 3.9 g

Clatite cu zahar si lamaie// Crepes with sugar and lemon juice– 180/40 g

Ingrediente: apa minerala 100ml, faina 50g, lapte pasteurizat 50ml, ou pasteurizat 50g, zahar 30g, ulei floarea soarelui,suc de lamaie, aroma vanilie, sare.

Ingredients: soda water 100ml, milk pasteurized 50ml, pasteurized eggs 50g, flour 50g, sugar 30g, lemon juice, sunflower oil, vanilia , salt.

Valori nutritionale/per portie: 124.7 Kcal / 518.4 kj, zaharuri 21.3 g, sare 0.1 g, grasimi 0.7 g, acizi grasi saturati 0.4 g, proteine 1.3 g

Nutritional values/per portion: 124.7Kcal / 518.4 kj, sugars 21.3 g,salt 0.1 g, fats 0.7 g, saturated fats 0.4 g, proteins 1.3 g

Clatita simpla//Simple crepe– 180g

Ingrediente: apa minerala 100ml, faina 50g, lapte pasteurizat 50ml, ou pasteurizat 50g, ulei floarea soarelui,aroma vanilie, sare.

Ingredients: soda water 100ml, milk pasteurized 50ml, pasteurized eggs 50g, flour 50g, sunflower oil, vanilia , salt.

Valori nutritionale/per portie: 38.7 Kcal / 161.4 kj, zaharuri 0.3 g, sare 0.1 g, grasimi 0.7 g, acizi grasi saturati 0.4 g, proteine 1.3 g

Nutritional values/per portion: 38.7Kcal / 161.4 kj, sugars 0.3 g,salt 0.1 g, fats 0.7 g, saturated fats 0.4 g, proteins 1.3 g

Banane//bananas- 50g

Ingrediente: banana 50 g

Ingredients: bananas 50 g

Valori nutritionale/per portie: 31.2 Kcal / 155.4 kj, zaharuri 0.0 g, sare 0.0 g, grasimi 0.2 g, acizi grasi saturati 0.0 g, proteine 0.4 g

Nutritional values/per portion: 31.2Kcal / 155.4 kj, sugars 0.0 g,salt 0.0 g, fats 0.2 g, saturated fats 0.0 g, proteins 0.4 g

Bezele//marshmallows- 50g

Ingrediente: bezele 50g

Ingredients: marshmallows 50 g

Valori nutritionale/per portie: 194.85 Kcal / 389.7 kj, zaharuri 47 g, sare 0.0 g, grasimi 0.0 g, acizi grasi saturati 0.0 g, proteine 0.95 g

Nutritional values/per portion: 194.85Kcal / 389.7 kj, sugars 47g g,salt 0.0 g, fats 0.0 g, saturated fats 0.0 g, proteins 0.95 g

Nuca de cocos//Coconut flakes- 50g

Ingrediente: nuca de cocos50g

Ingredients: coconut flakes 50 g

Valori nutritionale/per portie: 258.3 Kcal / 1066.8 kj, zaharuri 2.6 g, sare 0.0 g, grasimi 0.0 g, acizi grasi saturati 20.0 g, proteine 2.4 g

Nutritional values/per portion: 258.3 Kcal / 1066.8 kj, sugars 2.6g g,salt 0.0 g, fats 0.0 g, saturated fats 20.0 g, proteins 2.4 g

Capsuni//Strawberry- 50g

Ingrediente: capsuni 50g

Ingredients: strawberries 50 g

Valori nutritionale/per portie: 16 Kcal / 32 kj, zaharuri 3.85g, sare 0.0 g, grasimi 0.0 g, acizi grasi saturati 0.0 g, proteine 0.0 g

Nutritional values/per portion: 16 Kcal / 32 kj, sugars 3.85g g,salt 0.0 g, fats 0.0 g, saturated fats 0.0 g, proteins 0.0 g

Bomboane//Candies- 50g

Ingrediente: bomboane de ciocolata 50g

Ingredients: chocolate candies 50 g

Valori nutritionale/per portie: 258 Kcal / 516 kj, zaharuri 29.5g, sare 0.0 g, grasimi 13.4 g, acizi grasi saturati 2.4 g, proteine 4.9 g

Nutritional values/per portion: 258 Kcal / 516 kj, sugars 29.5g g,salt 0.0 g, fats 13.4 g, saturated fats 2.4 g, proteins 4.9 g

Miez de nuca//Walnuts- 50g

Ingrediente: miez de nuca 50g

Ingredients: walnuts 50 g

Valori nutritionale/per portie: 337.5 Kcal / 675 kj, zaharuri 0.0g, sare 0.0 g, grasimi 31.25 g, acizi grasi saturati 15.10 g, proteine 7.2 g

Nutritional values/per portion: 337.5 Kcal / 675 kj, sugars 0.0g g,salt 0.0 g, fats 31.25 g, saturated fats 15.10 g, proteins 7.2 g

Biscuiti//Biscuits 50g

Ingrediente: biscuiti 50g

Ingredients: biscuits 50 g

Valori nutritionale/per portie: 219 Kcal /438 kj, zaharuri 0.0g, sare 0.0 g, grasimi 6.4 g, acizi grasi saturati 3.15 g, protein 4.0 g

Nutritional values/per portion: 219 Kcal / 438 kj, sugars 0.0g g,salt 0.0 g, fats 6.4 g, saturated fats 3.15 g, proteins 4.0 g

Kiwi//Kiwi 50g

Ingrediente: kiwi 50g

Ingredients: kiwi 50 g

Valori nutritionale/per portie: 30.5 Kcal /61 kj, zaharuri 0.0g, sare 0.0 g, grasimi 0.25 g, acizi grasi saturati 0.12 g, protein 0.5 g

Nutritional values/per portion: 30.5 Kcal / 61 kj, sugars 0.0g, salt 0.0 g, fats 0.25 g, saturated fats 0.12 g, proteins 0.5g

Ciocolata alba//White chocolate 50 g

Ingrediente: ciocolata alba belgiana 50g

Ingredients: belgian white chocolate 50 g

Valori nutritionale/per portie: 209.3 Kcal /871.9 kj, zaharuri 17.9g, sare 0.1 g, grasimi 14.4 g, acizi grasi saturati 8.8 g, protein 2.0 g

Nutritional values/per portion: 209.3 Kcal / 871.9 kj, sugars 17.9g, salt 0.1 g, fats 14.4 g, saturated fats 8.8 g, proteins 2.0g

Clatite sarate

Clatite cu sunca si cascaval//Crepes with ham and cheese – 180/170 g

Ingrediente: apa minerala 100ml, faina 50g, lapte pasteurizat 50ml, ou pasteurizat 50g, cascaval 100g, sunca 70g, ulei floarea soarelui, aroma vanilie, sare,

Ingredients: soda water 100ml, milk pasteurized 50ml, pasteurized eggs 50g, flour 50g, cheese 100g, ham 70g, sunflower oil, vanilia , salt,

Valori nutritionale/per portie: 402.5 Kcal / 1672.4 kj, zaharuri 0.9 g, sare 2.8 g, grasimi 28.6 g, acizi grasi saturati 14.8 g, proteine 27.3 g

Nutritional values/per portion: 402.5 Kcal / 1672.4 kj, sugars 0.9 g, salt 2.8 g, fats 28.6 g, saturated fats 14.8 g, proteins 27.3 g

Clatite cu salam si cascaval//Crepes salami and cheese– 180/170 g

Ingrediente: apa minerala 100ml, faina 50g, lapte pasteurizat 50ml, ou pasteurizat 50g, cascaval 100g, salam 70g, ulei floarea soarelui, aroma vanilie, sare,

Ingredients: soda water 100ml, milk pasteurized 50ml, pasteurized eggs 50g, flour 50g, cheese 100g, salami 70g, sunflower oil, vanilia , salt,

Valori nutritionale/per portie: 467.2 Kcal / 1939.5 kj, zaharuri 2.6 g, sare 3.6 g, grasimi 23.8 g, acizi grasi saturati 10.9 g, proteine 27.3 g

Nutritional values/per portion: 467.2 Kcal / 1939.5 kj, sugars 2.6 g, salt 3.6 g, fats 23.8 g, saturated fats 10.9 g, proteins 27.3 g

Clatite cu mozzarella, rosii si pesto//Crepes with mozzarella, tomatoes and basilicum pesto – 180/170 g

Ingrediente: apa minerala 100ml, faina 50g, lapte pasteurizat 50ml, ou pasteurizat 50g, mozzarella 100g, rosii 60g, pesto busuioc ulei floarea soarelui, aroma vanilie, sare,

Ingredients: soda water 100ml, milk pasteurized 50ml, pasteurized eggs 50g, flour 50g, mozzarella 100g, tomatoes 60g, basilicum pesto, sunflower oil, vanilia , salt,

Valori nutritionale/per portie: 394.8 Kcal / 1600.6 kj, zaharuri 1.0 g, sare 1.2 g, grasimi 26.0 g, acizi grasi saturati 16.8 g, proteine 27.8 g

Nutritional values/per portion: 394.8 Kcal / 1600.6 kj, sugars 1.0 g, salt 1.2 g, fats 26.0 g, saturated fats 16.8 g, proteins 27.8 g

Hot dog//Hot dog– 150 g

Ingrediente: cremvrusti porc 80g*, chifla 70g*

Ingredients: pork sausage 80g*, bread 70g*

Valori nutritionale/per portie: 230 Kcal / 954 kj, zaharuri 0.0 g, sare 3.3 g, grasimi 19.0 g, acizi grasi saturati 6.7 g, proteine 11 g *produs din produs congelat

Nutritional values/per portion: 230 Kcal / 954 kj, sugars 0.0 g, salt 3.3 g, fats 19.0 g, saturated fats 6.7 g, proteins 11 g *frozen product

Sos ketchup/ketchup sauce 30 g /4 lei

Ingrediente: ketchup 30 g(apa, pasta de tomate, zahar, otet din alcool, amidon de porumb modificat, sare, E501- carbonat de potasiu,E202-sorbat de potasiu)

Ingredients: ketchup 30g (water, tomato pate, sugar, alcohol vinegar, modified corn starch, salt, E501-potassium carbonates, E202-potassium sorbate)

Aditivi: carbonate de potasiu, sorbat de potasiu,

Valori nutritionale: 23.1Kcal/96.6kj, zaharuri 5.3 g, sare 0.4 g, grasimi 0.0 g, acizi grasi saturati 0.0 g, proteine0.2 g.

Nutritional values/per portion: 23.1Kcal/96.6kj, sugars 5.3 g, salt 0.4 g, fats 0.0 g, saturated fats 0.0 g, proteins 0.2 g.

Sos mustar/mustard sauce 30 g /4 lei

Ingrediente: mustar 30 g(apa, seminte de **MUSTAR** galben.otet din alcool,sare, amidon de porumb modificat, zahar, faina, faina de **MUSTAR**, condiment(curcuma, pudra e usturoi, coriandru, conservanti),E211-benzoate de sodiu, E202-sorbat de potasiu, E415- guma de xanthan)

Ingredients: mustar 30g(water, yellow **MUSTARD** seeds. Alcohol vinegar, salt, modified corn starch, sugar, glour, **MUSTARD** flour, spices(turmeric, garlic powder, coriander) E211- sodium benzoate, E202-potassium sorbate, E414-xanthan gum)

Alergeni: mustar//mustard

Aditivi: benzoate de sodiu, sorbat de potasiu, guma de xanthan

Valori nutritionale: 23.1Kcal/96.6kj, zaharuri 5.3 g, sare 0.4 g, grasimi 0.0 g, acizi grasi saturati 0.0 g, proteine0.2 g.

Nutritional values/per portion: 23.1Kcal/96.6kj, sugars 5.3 g, salt 0.4 g, fats 0.0 g, saturated fats 0.0 g, proteins 0.2 g.