

FRESCO

SALAD MENU:

- SHRIMPS LOVER- 450 g - rice, shrimp, avocado, edamame, wakame, corn, red cabbage, cucumber, caviar, onion, sesame mix, dressing Bang Bang - 39 RON
- SALMON HAZE- 450 g - rice, salmon, avocado, edamame, wakame, corn, red cabbage, carrots, caviar, onion, sesame mix, dressing Bang Bang - 39 RON
- VEGGIE MIX- 450 g - rice, tofu, avocado, edamame, sweet potatoes, cucumbers, red cabbage, carrots, caviar, onions, sesame mix, Goma dressing - 36 RON
- FRESCO BOWL - 450 g– noodles, sweet potatoes, edamame, wakame, radish, corn, cucumber, seaweed, onion, sesame mix, dressing Goma - 36 RON
- EVERGREEN SALAD - 250 G - edamame, seaweed, avocado, sesame mix, dressing bang bang - 25 RON
- * Bang Bang dressing contains mayonnaise, sweet chilli sauce, rice vinegar, lime, sriracha.
- * Dressing Goma contains sesame oil, soy sauce, sesame seeds, rice vinegar.
- * Rice and rice noodles contain dressing composed of soy sauce, honey, rice vinegar.
- SWEET FRIED POTATOES - with salt / parmesan / herbs - 150G - 15 RON
- SPRING ROLLS - edamame and sweet chilli sauce– 250 G - 19 RON



FRESCO



POKE BOWL CU CREVEȚI

SHRIMPS POKE BOWL

INGREDIENTE

orez sushi, creveți, avocado, edamame, alge marine, porumb, varză roșie, castraveți, icre, ceapă, mix susan, dressing Bang Bang

450 grame

39 lei

POKE BOWL CU SOMON

SALMON POKE BOWL

INGREDIENTE

orez sushi, somon, avocado, edamame, alge marine, porumb, varză roșie, morcov, icre, ceapă, mix susan, dressing Japanese

450 grame

39 lei



POKE BOWL VEGETARIAN

VEGGIE POKE BOWL

INGREDIENTE

orez sushi, tofu, avocado, edamame, cartofi dulci, castraveți, varză roșie, morcov, icre, ceapă, mix susan, dressing Goma

450 grame

36 lei

POKE BOWL FRESCO

FRESCO POKE BOWL

INGREDIENTE

noodles, cartofi dulci, edamame, alge marine, ridiche, porumb, castraveți, morcov, ceapă, mix susan, dressing Honey Lime

450 grame

36 lei



CARTOFI DULCI PRĂJIȚI

FRIED SWEET POTATOES

INGREDIENTE

cartofi dulci, sare sau parmezan

160 grame

15 lei

PACHETELE DE PRIMĂVARĂ

SPRING ROLLS

INGREDIENTE

XXXXX XXXX XXXX

250 grame

20 lei

HEALTHY FOOD & SWEETS

PROGRAM LUNI - DUMINICĂ 11:00 - APUSUL SOARELUI

Produsele din meniul nostru pot conține alergeni precum: gluten, lactate, ouă, soia, semințe de susan. În cazul în care sunteți intolerant / alergic la un ingredient, înainte de a comanda orice preparat din meniul nostru întrebați personalul unității.

FRESCO

HEALTHY SWEETS MENU SUGAR FREE



CAKE
120 grame

18 lei

MOUSSE
120 grame



18 lei



MUFFIN
120 grame

13 lei

COOKIE
50 grame

12 lei



DRINKS MENU

DORNA APĂ PLATĂ/MINERALĂ 500ml	5 lei
COCA-COLA 500ml	6 lei
FENTIMANS 275ml	12 lei
SOBRESA 250ml	11 lei

Sucuri presate la rece și ușor pasteurizate (80°C), nu conțin zahăr, aditivi, coloranți sau conservanți, conțin sirop de agave.

PROGRAM Luni - Duminică: 11:00 - apusul soarelui

Dulciurile sunt îndulcite cu sirop de agave sau zahăr de cocos. În cazul în care sunteți intolerant / alergic la un ingredient, înainte de a comanda, vă rugăm să consultați lista ingredientelor folosite.

CAKE MENU:

Carrot cake - 18 lei / 120 g - Ingredients: Wholemeal flour, coconut sugar, fresh eggs, apple, carrot, cream cheese, agave syrup, whipped cream, salt.

White Forest - 18 lei / 120 g - Ingredients: Wholemeal flour, coconut sugar, oil, fresh eggs, Icam white chocolate, whipped cream, berries, gelatin, starch, salt.

Raw chocolate cake - 18 lei / 120 g - Ingredients: Walnut kernel, coconut pulp, coconut butter, dates, water, cocoa butter, cashews, cocoa.

Raw cheesecake cake with blueberries - 18 lei / 120 g - Ingredients: Cashews, dates, coconut butter, water, fresh lemon, blueberries, vanilla, walnut kernels, coconut pulp, agave syrup.

Raw berry cake - 18 lei / 120 g - Ingredients: Cashews, coconut butter, berry mix, water, fresh lemon, walnut kernel, coconut pulp, agave syrup, dates.

Raw chocolate & caramel cake - 18 lei / 120 g - Ingredients: Walnut kernel, coconut pulp, dates, coconut butter, cashews, water, cocoa butter, cocoa, coconut sugar, lucuma.

Chocolate muffins - 13 lei / 120 g - Ingredients: Wholemeal flour, fresh eggs, sugar, healthy, baking powder, oil, salt, dark chocolate, whipped cream.

Fruit muffins - 13 lei / 120 g - Ingredients: Wholemeal flour, fresh eggs, sugar, healthy, baking powder, oil, white chocolate, whipped cream, fruit mix.

Strawberry & white chocolate mousse - 18 lei / 120 g - Ingredients: Wholemeal flour, fresh eggs, coconut sugar, oil, salt, strawberries, milk chocolate, whipped cream, gelatin.

Mousse 3 cioco - 18 lei / 120 g - Wholemeal flour, coconut sugar, fresh eggs, oil, salt, chocolate: white, milk, black, whipped cream, gelatin.

Chocolate cookies - 12 lei / 50 g - Ingredients: Wholemeal flour, coconut sugar, 82% g butter, fresh eggs, vanilla essence, baked powder, baking soda, pieces of dark chocolate Icam.

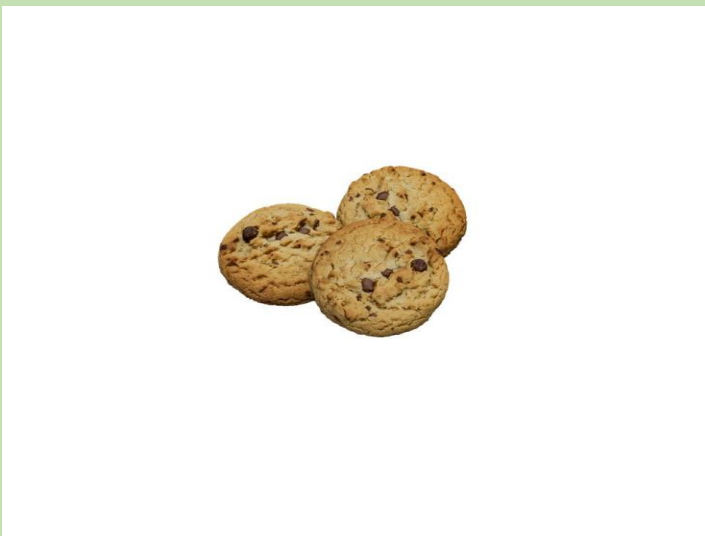
ALMOND CAKE - 18 LEI / 120G - Ingredients: flour, sugar, eggs, salt, oil, dark chocolate, milk, whipped cream.

PISTISTIC CAKE: 18 LEI / 120 G - Ingredients: flour, sugar, eggs, salt, oil, white chocolate, milk, whipped cream, gelatin, pistachio

RAINBOW CAKE: 20 LEI / 140 G - Ingredients: flour, sugar, eggs, salt, oil, white chocolate, milk, whipped cream, gelatin.

BIG MACARONS CHOCOLATE: 18 LEI / 120 G - Ingredients: almond powder, flour, sugar, eggs, dark chocolate, milk, whipped cream.

BIG RASPBERRY MACARONS: 18 LEI / 120 G - Ingredients: almond powder, flour, sugar, eggs, raspberries, milk, whipped cream





DRINKS MENU:

STILL WATER DORNA 0.5L - 5 LEI

STILL WATER KIDS 0.33L - 4 LEI

SPARKLING WATER DORNA 0.5L - 5 LEI

COCA COLA 0.5 - 6 LEI

COCA COLA ZERO 0.5 - 6 LEI

FENTIMAS ROSE LEMONADE 0.275L - 12 LAW

FENTIMAS CURIOSITY COLA 0.275L - 12 LEI

FENTIMAS GINGER BEER 0.275L - 12 LEI

FENTIMANS Gently Sparkling Elderflower 0.275L - 12 LEI

SOBRESA 0.25L - 11 LEI - Cold pressed juices and lightly pasteurized (80°C), do not contain sugar, contain agave syrup, do not contain additives, dyes or preservatives. (attached you have the complete portfolio of drinks by assortment)

SHORT ESPRESSO - 6 LEI

LONG ESPRESSO - 6 LEI

ESPRESSO WITH MILK- 7 LEI

CAPPUCINNO - 8 LEI

CAFFE LATTE - 9 LEI



AGAVE SYRUP LEMONADE

Ingredients: 14% natural lemon juice + origin Spain
9% agave syrup, filtered water



BLACKBERRY, ARONIA & AGAVE SYRUP LEMONADE

Ingredients: 12% natural lemon juice + origin Spain + 8% natural blackberry juice, 2% aronia juice, 6% agave syrup, filtered water



RASPBERRY & AGAVE SYRUP LEMONADE

Ingredients: 10% natural lemon juice + origin Spain + 10% natural raspberry juice, 6% agave syrup, filtered water



APPLES & FOREST FRUITS FRESH JUICE

Ingredients: 75% natural apple juice, 6,25% blackberry juice, 6,25% raspberry juice, 6,25% blueberry juice + origin Romania



APPLES & SOUR CHERRY FRESH JUICE

Ingredients: 75% natural apple juice, 25% sour cherry juice + origin Romania



APPLES & PEARS FRESH JUICE

Ingredients: 75% natural apple juice, 25% pear juice + origin Romania



100% FRESH ORANGE JUICE

Ingredients: 100% orange juice + origin Spain



GRAPES & AGAVE SYRUP LEMONADE

Ingredients: 14% natural lemon juice + origin Spain, 12% natural grape juice, 6% agave syrup, filtered water

INFORMATION

- On request, the salad ingredients can be changed, but the combination you choose does not guarantee the same taste compared to our standard recipe.
- Salads are served in individual containers with lids and cutlery.
- A whole cake contains 16 slices, it can be composed of the same selection or several selections of the above mentioned.
- Please specify if you want the drinks at the room temperature of or from the refrigerated display case.
- Please specify your order at least 24 hours before the event.
- Payment can be made both in advance, by bank transfer, and on the day of the event, cash or card.



You can also find us on the Instagram page of the restaurant: [fresco.brunchery](https://www.instagram.com/fresco.brunchery) or contact us at the e-mail address fresco.brunchery@gmail.com.

Thank you!

The Fresco team